## 2018/19 Batch

### Soft skills program - missed session

Please note that the session on

# "Mindfulness and Compassion"

will be held on Tuesday 14<sup>th</sup> July 2020

## @ 1.00 pm

## via Zoom

### Resource person is Dr. Nishanthi Dolage

**Consultant Psychiatrist** 

Zoom link is as follows.

Topic: Mindfulness and Compassion Time: Jul 14, 2020 01:00 PM Mumbai, Kolkata, New Delhi

Join Zoom Meeting https://learn.zoom.us/j/64531192595

Meeting ID: 645 3119 2595

Prof. Kosala Marambe Co-ordinator/Softskills program for new entrants